

## BEFORE AND AFTER CHILDBIRTH

**Mrs. Williams Tells How  
Lydia E. Pinkham's Vegetable  
Compound Kept Her  
in Health**

Overpeck, O.—"Lydia E. Pinkham's Vegetable Compound helped me both before and after my baby was born. I suffered with backache, headache, was generally run down and weak. I saw Lydia E. Pinkham's Vegetable Compound advertised in the newspapers and decided to try it. Now I feel fine, take care of my two boys and do my own work."

I recommend your medicine to anyone who is ailing. You may publish my testimonial if you think it will help others."

Mrs. CARLIE WILLIAMS, Overpeck, Ohio.

For more than forty years Lydia E. Pinkham's Vegetable Compound has been restoring women to health who suffered from irregularities, displacements, backaches, headaches, bearing-down pains, nervousness or "the blues." Today there is hardly a town or hamlet in the United States wherein some woman does not reside who has been made well by it. That is why Lydia E. Pinkham's Vegetable Compound is now recognized as the standard remedy for such ailments.

## SQUEEZED TO DEATH

When the body begins to stiffen and movement becomes painful it is usually an indication that the kidneys are out of order. Keep these organs healthy by taking

**GOLD MEDAL  
HAARLEM OIL  
CAPSULES**

The world's standard remedy for kidney, liver, bladder and uric acid troubles. Famous since 1896. Take regularly and keep in good health. In three sizes, all druggists. Guaranteed as represented. Look for the name Gold Medal on every box and accept no imitation.

**No Soap Better  
—For Your Skin—  
Than Cuticura**

Soap 25c, Ointment 25 and 50c, Talcum 25c.

**ITCH!**

Money back without question if HUNT'S GUARANTEED SKIN DISEASE REMEDY (Hunt's Salve and Soap), fail in the treatment of Itch, Eczema, Ringworm, Tetter or other skin diseases. Try this treatment at our risk. Sold by all reliable druggists. A. B. Richards Medicine Co., Sherman, Texas.

**WANTED, Bargain Hunters for  
Good Renewed CADILLACS**

"The Standard of the World"

1914-7	Pass. 4 Cyls.	\$ 250
1915-7	Pass. 8 Cyls.	550
1916-7	Pass. 8 Cyls.	550
1917-7	Pass. 8 Cyls.	1,450
1918-7	Pass. 8 Cyls.	1,500
1919-7	Suburban, 8 Cyls.	2,500
1919-7	Victoria, 8 Cyls.	2,500

Other Bargains.

**Lapham Cadillac Co.**  
Sioux City, Iowa

**Eats, Then Goes Out to Eat.**

"Living under abnormal conditions because your wife is trying to reduce on some sort of an infernal diet is not what it might be cracked up to be," complained Mr. Detroitter to a neighbor the other evening. "Well, I seldom eat much, but when I do eat I like to eat like a human being, so every morning and every evening I am compelled to eat two meals—one human and one infernal. At home I breakfast on nuts, fruits and berries and dine on fruits, berries and nuts. But the minute I am out of the house I steal away to a lunch room for my wheatcakes and coffee, or a beefsteak with savory trimmings and a pot of tea."—Detroit News.

**Stop the Pain.**

The hurt of a burn or a cut stops when Cole's Carbolic is applied. It heals quickly without scars. 50c and 60c by all druggists or send 30c to The J. W. Cole Co., Rockford, Ill.—Advertisement.

**The Point of View.**

His friends say: "What a breezy personality." His enemies say: "What an awful blow."—Wayside Tales.

**Discretion in Business.**

"Who was the lady that just bought a package of insect powder?" "I'm sorry, but that's a business secret."

**Sure Relief  
FOR INDIGESTION**

**BELLANS**  
FOR INDIGESTION  
25 CENTS

6 BELLANS  
Hot water  
Sure Relief

**BELLANS**  
25c and 75c Packages, Everywhere

## Mrs. Harding Plants International Avenue Tree



Mrs. Warren G. Harding planting the first American elm, at the head of International avenue, on the grounds of the Lincoln memorial, Washington.

## Volcano Emits Monster Rocks

Phenomenon Recalls Primitive  
Days of the Formation of  
the Earth.

**NEWSPAPER MAN TELLS OF IT**

Volcano on Kamchatka Hurls Rocks  
Larger Than Ships Through  
the Air—Has 65 Volcanoes,  
20 of Which Are Active.

Tokyo.—Showers of rocks larger than ships were hurled from a raging volcano on Kamchatka, where a terrible and magnificent volcanic phenomenon occurred some weeks ago, recalling the primitive days of the formation of the earth.

After having been wrecked and washed away on the shore of Kamchatka, Frederick McCormick, a well-known newspaper correspondent, witnessed the extraordinary eruption.

**Writes of Spectacle.**

In a report to the Japan Advertiser, Mr. McCormick says: "On arriving at Hakodate, in northern Japan, I heard from a fisherman of an earthquake above Hokkaido, and the disappearance in the sea, September 5, of a part of the island of the Kurile group. The earthquake extended from Hokkaido to the Aleutians, and was but a prolongation of the seismic phenomena occurring in Kamchatka, where I was wrecked on the Kronotsky peninsula. Ten days later, sixty sea miles to the south, I found myself at Semischik. From there I saw the magnificent eruption of volcano Karimskaya. Above a mountain ridge which lay between we could see, without the aid of glasses, the expulsion of showers of rocks, many of which must have been larger than ships, as they flew through the sky in giant parabolas. Only the flowery crest of the eruption was visible to us as it played against the sky. The smoke column, tilted southward by the wind, reached upwards thousands of feet, and in two days the smoke cloud extended 100 miles down the coast and out to sea.

**Sprinkled With Dust.**

"Then the wind shifted to the west and the ship was sprinkled with volcanic dust. There was a great roar like the sound of an artillery battle, and it was reported that the water of Kronotsky bay had risen in temperature 5 1/2 degrees, while magnetic disturbances rendered the ship's compass unworkable. Fearing a subterranean sea-wave we put out forty-five miles off the shore, and on September 5, recorded a violent earthquake which shook the ship. The same was experienced at the Commandorsky islands and Ust Kamchatka.

"There are few places where the direct and positive force of nature can

be realized so intensely as in this far-away land.

"There are about sixty-five volcanoes in Kamchatka, of which twenty are active. There is no historian to record their great doings, except an astonished fisherman, 1,000 to 1,200 miles away. A geographical expedition from Sweden intends to announce next year the results of its scientific work in Kamchatka."

**\$250,000 U. S. 'DOT' REVEALED**

Mortgage on Gotham Club Given by  
Parents of the Late Lady  
Churchill.

New York.—A marriage settlement involving a \$250,000 property mortgage made in 1874 by the parents of Lady Randolph Churchill, formerly Jennie Jerome of New York, when she became the wife of Lord Randolph Henry Spencer Churchill, was revealed in court. She died last June after amputation of her right leg, due to complications from a fracture of the ankle.

Papers signed by Supreme Court Justice Mullan canceling the \$250,000 mortgage on the Manhattan club

## SEE HIGH PRICES FOR ALL FURS

Season Offers Wonderful Opportunities to the Trapper.

United States Becomes the Greatest  
Fur Producing Country in the  
World—Stocks Worked Off  
and Market Now Bare.

New York.—The United States in the past few years has become the greatest fur producing country in the world, doing a business in furs running from \$50,000,000 to \$100,000,000 a year and far outstripping northern Canada, Alaska and Siberia, long considered supreme as fur producing centers.

Fur bearing animals abound in the great farming districts of this country and thousands are captured each year by trappers. While skunk and muskrat are the most important and most numerous of these animals found, there are plenty of mink, raccoons and other small members of the furry tribe which the wily trapper may take in the open season at a good profit.

This season promises to be the best in many years in point of the number of animals taken and the prices paid for raw furs. Very little trapping was done last season. The drop in values which came during the previous summer hit the fur market hard, leaving an immense collection of high priced furs in the hands of the buyers. In order to save the market from complete ruin, this great accumulation

## Negress, 112 Years Old, Dies in San Antonio

San Antonio, Tex.—Mary Williams, said to be the oldest negress in Texas, died here, aged one hundred and twelve years. She had lived in Texas 40 years, coming here from Louisiana, where for years she was a slave. She had worked for many prominent families in San Antonio and New Orleans.

In East Twenty-sixth street, showed that it was a gift by her father to George Charles Spencer Churchill, marquis of Blandford and later duke of Marlborough, and Thomas M. Foote of New York, as trustees.

The agreement authorized the two men to hold the mortgage and pay \$10,000 a year to Lady Churchill and her husband during her life. The principal will now be divided between Winston Spencer Churchill, British secretary of state for colonies, and John Strange Spencer Churchill.

**His Wife a Great Help.**

London.—"My wife never lets a chance slip by," said a defendant at Wood Green, N. "As soon as she knew I had a summons she got up a subscription among the neighbors to keep her and the children while I was in prison." He got off with a small fine.

had to be disposed of before a large new supply reached the market, so buyers urged trappers to lay off for a season until the market became stabilized. Trappers generally heeded the request and the fact that furs were not wanted and values very low did much to further the inactivity.

The result has been a genuine scarcity of furs. The great accumulation has been worked off and the market is in a receptive condition for large amounts of raw furs. Interviews with leading buyers reveal that the coming quotations on raw furs will be very high—in fact the highest ever offered compared with contemporary values in other commodities.

In the years preceding the World war, trappers received from twenty cents to fifty cents each for muskrat pelts and from one dollar to three dollars for skunk pelts. Living costs then were 40 per cent lower than they are today and wages show about the same difference. By comparing these conditions with prices prevailing today it is shown that muskrats are worth three times as much as they were then, while other furs are proportionately higher.

The high prices of today and the abundance of fur-bearing animals offer an opportunity to the trapper which has seldom been equalled, while residents of smaller towns and even the farm boy and schoolboy will find a chance for a profitable occupation during spare hours.

The test flight on that occasion was begun from a landing ground near New York city. After the engine was started, the machine ran a short distance across the field, took the air successfully, and climbed to the predetermined altitude. It then set its course due west, straight into a stiff head wind.

**Five Sets of Twins.**

Weston, Ia.—Mrs. Rose McCombs, wife of a farmer living near here, is the mother of the fifth pair of twins in eight years. All the ten children are well. A sister of Mrs. McCombs, Mrs. Annie Forbes of Sioux City, recently became the mother of her second set of triplets. Another sister of Mrs. McCombs, who lives in Sacramento, Cal., has two pairs of twins.

**Mine Accidents Kill 3,000 in Year.**

Washington.—Three thousand persons were killed in mine, quarry and metal plant accidents during 1920, according to a statement by the bureau of mines. More than 200,000 were injured in similar accidents.

## COULD HARDLY EAT ANYTHING UNTIL HE USED PE-RU-NA

NEIGHBORS FOUND IT A WONDERFUL MEDICINE



"I was weak and tired and could hardly eat anything until I used Pe-Ru-Na. Soon my appetite was good and my strength returned. I told my neighbors and every one of them found it a wonderful medicine. You can always get a dose of Pe-Ru-Na at my house no matter what the weather is."

Mr. J. H. WASSON, Box 25, Bridge City, Mo.

Catarrh of the stomach and bowels is among the many forms of catarrhal diseases from which a large number of people needlessly suffer. Fifty years of usefulness is the guarantee behind

**PE-RU-NA**

Tablets or Liquid Sold Everywhere

**What Money Cannot Buy.**

The death of Sir Ernest Cassell, the famous English financier, recalls an interview he gave some years ago, shortly after the death of his daughter. He said: "There is nothing in the greatest financial success to equal the love of a devoted wife and the delight of a family of happy children."

**Cinders in the Eye.**

Roll soft paper up like a lamp-lighter, wet tip to remove or use medicine dropper to draw it out. Rub the other eye.

When an awkward man lends a hand he is apt to put his foot in it.

Write your name and address below. Mail to Loring Park Sanatorium and receive Diet List and Menus FREE.

Name.....

Street.....

City..... U. S. C.

**DIABETES**

**May Repair Liberty Bell.**

Announcement was made in Tivoli, Dutchess county, that George Waelde has just repaired a bell that has not rung for 140 years, and that, inspired by this success, he is planning to go to Philadelphia and try to repair the cracked Liberty bell that announced the Declaration of Independence.

The old church bell just repaired was sounded for the first time in 140 years on Armistice day. The bell is to be replaced in the steeple of the Old Red Church in Tivoli. It was installed there when the church was erected 102 years ago. It was cracked by a sexton, who used a hammer to sound it when the bell rope broke. Waelde, who is a welder, tinkered with the bell until he finally closed the crack and restored its sound.—Philadelphia Ledger.

**Taking Him Down.**

W. L. George, the English novelist, declared at a woman's club in Chicago during his lecture tour that women novelists were inferior to men.

"Men," he said, "with their larger outlook, can write about all sorts of things. Women, however, only write about love."

"Well," said a woman novelist who was present, "that is as it should be. The best way to stir your readers is with a spoon."

**Hardly the Thing.**

"When I want to let an author down easy," remarked the magazine editor, "I tell him the story was too sad for our publication." "Good enough. But you can't use that argument in returning jokes."

Contemptuousness of pleas for the principle of liberty is not a good sign.

**Odd Idea Concerning Tobacco.**

When tobacco first came into use in Europe it was generally regarded as a cure for diseases and a protection against catching the plague, etc.

**Freshen a Heavy Skin.**

With the antiseptic, fascinating Cuticura Talcum Powder, an exquisitely scented, convenient, economical face, skin, baby and dusting powder and perfume. Renders other perfumes superfluous. One of the Cuticura Toilet Trio (Soap, Ointment, Talcum).—Advertisement.

There are only two natural psyches, logical anesthetics—don't care and forgetfulness.

**FREE—Complete Diet List and Menu Schedules with Table of Food Values and full instructions, recently compiled and based on seven years of experience and success in the treatment of Diabetes at Loring Park Sanatorium.**

Write for above and booklet of Loring Park Sanatorium. Both sent Free.

LORING PARK SANATORIUM  
1508 Highway Place  
Phone Atlantic 6344 Minneapolis

## POLICEMAN SAW THE LIGHT

Absence of Illumination on Automobile Perfectly Justified Under the Circumstances.

A certain town depended entirely on electricity for its lighting, and as one large generating station sufficed for the whole town, an accident at the station suddenly plunged the town into darkness one night.

The manager of the station was at his private house at the time, but he at once set out in his car for the works. In his haste, however, he forgot to switch on the electric lights on his car, which were, of course, generated off a dry battery and the car's accumulator.

On his way to the electric power station he was stopped by a policeman, who asked him why he had no lights. The manager did a little quick thinking, then answered, half-humorously:

"Of course my lights are out! Haven't they fallen all over the town?"

The policeman touched his hat, and said: "Beg pardon, sir, I forgot! Go straight ahead!"

**The Leather Medal Winner.**

"Was there any excitement at the shore last summer?" asked Esther.

"Yes," replied Dolly. "One day as I was sitting on the pier a man who couldn't swim fell off. I ran to where there was a coil of rope for just such purposes and threw it to him."

"Perfectly great! And pulled him out?"

"No, I didn't have anything to pull on. I threw him the whole coil."—American Legion Weekly.

## Real Rest Depends Largely Upon the Depth of Your Sleep

A warning to "light" or "poor" sleepers

The deeper and sounder you sleep the better you feel. Five hours sound refreshing sleep does you more actual good than ten hours restless, disturbed sleep.

This is because the final conversion of food into vital tissue and nerve cells goes on more rapidly when the physical and mental forces are at rest.

You can't get sound, refreshing sleep if your nerves are agitated with tea or coffee. Both these drinks contain caffeine, which is sometimes very irritating to the brain and nervous system.

If you want to know the joy, vigor and stamina that comes to the person who gets sound, healthful sleep, why not stop taking tea or coffee for a while, and drink delicious, invigorating Postum instead.

Thousands of people everywhere have found that this was the only thing they needed in order to bring about these very happy results.

Order Postum from your grocer today. Drink this delightful cereal beverage of coffee-like flavor, for a week. Perhaps, like thousands of others, you'll never be willing to go back to tea or coffee.

Postum comes in two forms: Instant Postum (in tin) made instantly in the cup by the addition of boiling water. Postum Cereal (in packages of larger bulk, for those who prefer to make the drink while the meal is being prepared) made by boiling for 20 minutes.

**Postum for Health**  
"There's a Reason"